

SOUTHERN TRAILS

July2017



Next ST4WD Club Meeting

Will be held on

Tuesday 11th July

at

Canberra Deakin Football Club

3 Grose St, Deakin ACT

Guest Speaker

Kalen Ziflian

General Manager



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President's Report - Jim Anderson

President's Post - Jim Anderson

New driver trainers

Congratulations to our new driver trainers Brad Burnett, Rob Donaldson, Michael Loberger and Tara McLaughlin who recently graduated. On behalf of the club thank you to these members for putting in the time and effort over a lengthy period to become instructors. Thanks also to the senior instructors who trained and mentored these new Driver Training Unit (DTU) members. The DTU makes a significant contribution to the club providing quality training for club members.

Club 4x4 insurance

Club 4x4 will be the guest speaker at the July general meeting providing an overview of the company's insurance products for 4WD vehicles, off road campers etc. The club is arranging for our members to receive a 5% discount on Club 4x4 insurance. The Southern Tablelands 4WD Club does not endorse any specific product, business or service provider and is providing the facility only as a service to members who may want to insure with Club 4x4 after receiving information, quotes etc directly from Club 4x4. Our club will not provide product information or advice to members and will not receive payments / commissions etc from Club4x4. Details will be provided when arrangements are finalised.

New insurance arrangements

As mentioned in the June newsletter, effective from 1 June the club has a new insurance provider, Aon, arranged through the Australian National Four WD Council (ANFWDC). We have now received the certificate of currency for the public liability policy and this is available on the website (login then select / management/insurance).

Hope to see you at the July general meeting or on a track somewhere.

Jim



New Driver trainers,
4x4 Insurance
and new insurance

information...

Trips and Events - Michael Patrick

Start Date	End Date	Activity	Туре	Leader
3-Jul-17	28-Jul-17	Working Bee/Care Taker Old Andado Station NT	Grade 1	Dave Sutton
15-Jul-17	16-Jul-17	Advanced Trip Leader Training	Training	Michael Patrick
22-Jul-17	23-Jul-17	Talooge Park Muster	Muster	Scott Cumming
12-Aug-17	13-Aug-17	It could be cold at Bendethera Caves!	Grade 3	Michael Patrick
16-Aug-17	16-Aug-17	Basic Training 4WD Vechicle Evaluation	Training	Peter Butterfield
19-Aug-17	20-Aug-17	Wombeyan Caves and Yerranderie Township	Grade 3	Lynne Donaldson
19-Aug-17	20-Aug-17	Talooge Park Muster	Muster	Scott Cumming
1-Sep-17	1-Nov-17	First Aid Training (Expression of Interest)	Training	Michael Patrick
9-Sep-17	10-Sep-17	Explore The Tracks of Abercrombie River	Grade 3	Michael Patrick
14-Sep-17	17-Sep-17	Consolidated "Safe One"	Training	Peter Butterfield
20-Sep-17	20-Sep-17	Basic Training 4WD Vechicle Evaluation	Training	Peter Butterfield
23-Sep-17	24-Sep-17	Talooge Park Muster	Muster	Scott Cumming
30-Sep-17	2-Oct-17	Bush Skills Weekend	Grade 3	Michael Patrick
6-Oct-17	8-Oct-17	Queanbeyan SES Landsearch Exercise	NR	Alan & Marj Jones
19-Oct-17	22-Oct-17	Consolidated "Safe One"	Training	Peter Butterfield
21-Oct-17	22-Oct-17	Talooge Park Muster	Muster	Scott Cumming
11-Nov-17	19-Nov-17	Victorian High Country Ramble Version 2	Grade 3	Michael Patrick
12-Nov-17	12-Nov-17	Brindabella Ramble	Grade 3	Michael Patrick
18-Nov-17	19-Nov-17	Talooge Park Muster	Muster	Scott Cumming
25-Nov-17	25-Nov-17	ST4WDC Christmas Party at Talooge	Event	David Sutton & Scott Cumming
8-Dec-17	8-Dec-17	Driver Trainers Christmas Dinner	Event	Julie Buttriss
16-Dec-17	17-Dec-17	Talooge Park Muster	Muster	Scott Cumming

Membership Moments - Dim Veteri

Hi Everyone, below is information on current membership.

Thanks Dim

New members:

For the month of June, we have the following new members:

- Ray Roach driving a Ford Ranger PX2.
- **Ellen McGuinness** technically not a new member but returning welcome back.

This month we had a good number of enquiries and visitors to the club meeting. Hopefully the people that made contact will join us in the near future.

Please say hello to our visitors if you are at the Club meeting - if you see a new face, make them welcome and say G'day.

Membership Numbers:

As at the 30 June we have the following membership:

Ordinary Members 233

Life Members 9

Sub-Total 242

Family Members 172

Total 414

Please feel free to contact me regarding any membership matters you may have either by email, phone or grab me at the meeting.

Vehicle of the Month:

Recently Elton decided to join the High Country Ramble with a bunch of mates (OK some were relatives) and while the 79 twin cab did the job, Elton felt that if these free-loaders (oops I mean mates) were going to keep turning up he needed to do some mods.

While I can see where he's going, a second spare is always handy, the roof top tent means no more wet mattress in the high country and a beefed up suspension system – well that's self explanatory when you have to carry 5 tonne of food for the free-loaders (sorry again I meant "friends" honest).

But I'm at a loss as to why you need the dog cage Elton – or were the Lads that uncontrollable?



Still...

I WANT ONE!!

A four wheel
drive is
commonly
known as a 4×4
(four by four) or
a 4WD and
the first use of
the term '4×4'
was used for
North
American
military vehicles

http://en.wikipedia.org/ wiki/Four-wheel drive

in the 1940's

Something new or unusual...

Hi folks well this month I've gone with something relevant rather than new or unusual. The recent Navigation Course (great course by the way) run by Michael, Chris and Alex prompted the obvious question, "Where is a good place to get maps and other Navigation equipment.?"

Since the closure of the great map shop in Canberra there isn't anywhere local that specialises in maps. While ARB, Pride Auto, BCF and Dymocks and a few others have some maps, the best range I've found locally is at Adventure Packed out at Majura Park Shopping Centre. Give them a try.

On-line I use a great store (though they have a bricks and mortar store as well) called **THE CHART & MAP SHOP** in Fremantle WA.

I have used them for a whole range of maps, guides and also some navigation equipment. They are great to deal with, have lots of knowledge, have a huge range and are well priced.

To give you an idea of their map range they have:

- Full range of Hema map products
- A big range of topographical maps (some 6100 items listed)
- Digital maps
- Geological Maps (in case you want to chase gold)

They also have a very large selection of books and guides that 4WDers will find very useful; Here are some examples::

- Camps site publications
- All the Hema publications
- All the Design Interaction—Outback Travellers series
- Pat Callinan guides
- Heaps of camp cooking books
- Spatial Vision publications (mainly Victorian maps & guides)
- Ron & Viv Moon publications
- First aid, fishing and boating books
- A great selection of publications on WA and the Outback

In fact I'd say they are the "go to" people for anything WA, very knowledgeable.

In addition they have a great range of Navigation equipment, including compasses (remember them?) of all types, protectors, parallel rulers, GPS Receivers, GPS units, map measurers and Dividers. They even sell Sextants if you want to try out some lower tech navigation.



This is what a sextant looks like (not sure its "lower" tech though)

They also have a great Blog with articles on a wide range of topics of interest to 4WDers.

Oh by the way, for those of you who chase fish, or who own a yacht or ocean liner,

Something new or unusual... cont.

they are also marine chart specialists (though not being a yacht owner, I've never tested them for charts)

If your interested, check out their website at

http:// www@chartandmapshop.com.au

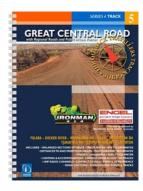
To provide some additional options two others worth having a look at are:

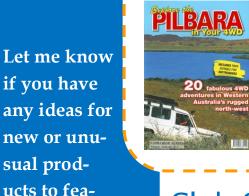
1. Cairns Charts & Maps at www.cairnscharts.com.au.

They are similar to The Chart and Map Shop, covering a lot of the maps we would be interested in. They also have a great knowledge of FNQ, I've found.

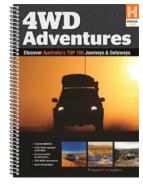
 Map World – more a general map store, but does have a good range. You will find them at

www.mapworld.com.au





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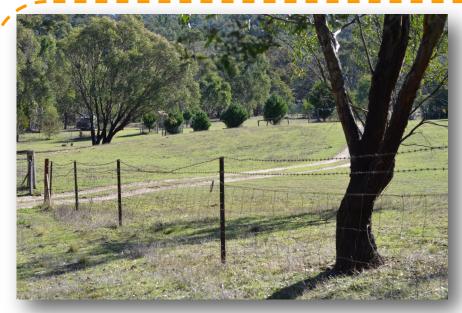


Club Clothing - Debbie Davidson



Polo Shirts	\$38.00
Chambery Shirts	\$45.00
Jackets	\$110.00
Hoodies	\$45.00
Rugby Tops	\$50.00
Caps	\$15.00
Bucket Hats	\$15.00
Beanies	\$20.00
Name Badges	\$10.00

Talooge Park - Scott Cumming



It's lovely out at Talooge Park at this time of year. A bit cold over night but the days have been awesome.

Please remember that if you are planning on visiting the property you need to let one of the following people know:

• Property Manager (Scott) Mob: 0490 000913

Email: property@st4wdc.com.au

OR

• President (Jim) Mob: 0408 283 496:

Email: president@st4wdc.com.au







Trip Reports

EXPLORING THE BACKYARD OF SA

Glynis Whitfield in a Suzuki Grand Vitara and sister Gai.

Thomas Pool in a Nissan Patrol

We were a small convoy of just 2 vehicles heading west towards the Flinders Ranges in South Australia. Although Thomas and I were virtual strangers before the trip, we were to find out quite a bit about each other during the following almost 3 weeks.

A couple of nights were spent at Mungo National Park north of Balranald and as expected we spent a couple of cold nights in the lovely camping ground. My sister and I took a guided tour to get up onto the lunette and see the 18,000 – 9,000 year old deposits of bones, which you only get to see with a tour.

18,000 y.o.

They have re-opened the back road and it is now accessible to 2WDvehicles as well. It does give you a different perspective of the lake, allowing access to the back of the sand hills at Vigars Well.



Above Vigars Well

Disappointing things - the fox spotted at Vigars Well and the cats which came through the campground at night.



Morgan on the Murray in South Australia was a lovely little town to spend a night and from what I was told, the dawn was quite spectacular.

'The whole object of travel is to not set foot on foreign land; it is at last to set foot on one's own country as foreign land.'

G.K. Chesterton

1874 - 1936



Dawn on the Murray River at Morgan

Oops slept through that one.

We explored Burra, Clare, Alligator Gorge in Mt Remarkable NP and Quorn on our way to Wilpena Pound in Ikara - Finders Ranges NP. We spent 3 days camped at Wilpena and we explored the area fairly thoroughly. A couple of bushwalks in and around the Pound, drives through Brachina and Bunyeroo Gorges and Aboriginal artwork at Arkaroo Rock and the Sacred Canyon allowed us to see most of the highlights.

Don't forget the ruins of Appealinna with its interesting history of conflict between the first grazier and the miners. Guess who won the water rights in the end? Yep, it wasn't the one with the original grazing lease to the area.



The house at Appealinna

We even went back in time to about 600 million years ago in Brachina Gorge and found a fossilised stromatalite.

In Brachina Gorge



Trip Reports

EXPLORING THE BACKYARD OF SA cont.

Next 3 nights were spent at Arkaroola in the rockiest, most exposed camping ground ever. Especially in an almost gale which lasted all night. Both tents held up well, though. Some rough 4WDing around Arkaroola took us out to the Paralana Hot Springs, which are radioactive so it is suggested you don't swim in or drink the water.

Again, some fantastic rocks to be found there – actually the Flinders Ranges are famous for their rocks, and Arkaroola certainly contains its fair share. Old mines and waterholes to explore as well as the 4WD tracks make this an interesting place. We still have Vulkathuna – The Gammon Ranges NP to explore some time in the future.

There are many Eremophila Species to be found in the Arid Lands Bo-

tanical Gardens in Port
Augusta and they have
the best ever Lemon
Roll with cream and it
goes down very well
with the tea or coffee.

Next stop, Farina Ruins. Beautiful campground and a great place for

photography and birdwatching. If

you're passing by on the Oodnadat-

ta Track, we suggest you turn off the road and travel just a couple of

hundred metres to find the remains of the town. Apparently, it is the

only place in the world where you

can find "Y" turns for both Stand-

ard Gauge and Narrow Gauge rail

lines together.

To the Frome Lookout

"Port Augusta have the best ever Lemon Roll with cream and it goes down very well with the tea or coffee."



The return trip home found us camped for a couple of nights beside Lake Crosbie at the Pink Lakes, the southern part of the Murray Sunset NP in Victoria. Some easy driving gets you to another lovely campground where there is a fantastic opportunity for more photography. There is a lot of 4WDing available in the park, driving some very sandy tracks. We took a drive up to Mt Crozier so that we could say we we've been there. As there had been a bit of rain around, there wasn't much dust, but there was a bit of mud. I washed an awful lot of it off the bottom of my car on my return, that's for sure!

All in all, a wonderful trip and we had lots of fun.



Selfie at Lake Crosbie

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Trip Reports

BASIC DRIVER TRAINING 18-21 May 2017



Training Attendees:

Lou 80 - Old Smokey

Bryn 80 - Bryan

Brady Amarok - Less some side steps and 1 spare tyre

Scott BT-50 - Roger

Greg Patrol - Mr Technical knowledge

Ken 79 - Experience plus

Mark Triton - Departure angle

Keith BT-50 - Light back end with no camper!

icle recovery

Joe, Peter B, Peter R, Rob, Thomo, Julie, Pelican, Tara, Adam, Lindsay.

Thursday 18th

Trainers:

8 new club members met at Bredbo Pub for a yummy meal and drink. Then off to Talooge to have a quick premeeting and then setup camp for

the next 3 nights. Everyone was

ready to learn about 4WD equipment, skills to drive a 4wd through difficult terrain and how



to apply basic vehicle recovery techniques.

"Everyone was ready to learn about 4WD equipment, skills to drive a 4wd through difficult terrain and how to apply basic vehicle recovery techniques".

Friday 19th

Early start to the day.

8am in the training room to be led by Joe about all things 4WD - what they can and can't do. After the marathon session watching videos of crazy drivers rolling their cars downhills (not in the good safe way) we went for a drive with our very own training instructor. We were all grateful to have an experienced trainer in our car to provide us with good instruction (and a bit of entertainment over the next 3 days). Push/Pull steering was one of the main topics our instructors were hell bent on instilling into all of us. Left foot braking for those with an auto was another. No clutch when stalling - for those with manual gearboxes. Line selection was up there also - straddle those ruts!!!

Hitting the offset mounds and getting stuck then getting out was all good fun. Off to the nursery to try out our 4wd's abilities to reverse down hills and stall them (if we had a manual). Then start them again to go off and explore around the Talooge property.

We drove all the tracks without incident then we attempted the "backdoor track" with some fun and adventure thrown in. We had a close call with one of the vehicles spending a fair amount of time on 3 wheels with instructors gathering around with straps and a "Pelican" perched on the side of the vehicle to provide some additional counterbalancing. Soon after, all







was under control and it became another great story to tell around the fire.

The weather settled in for 50mm of rain overnight - everyone made it thru without getting washed away.



Trip Reports

BASIC DRIVER TRAINING cont.

Yep – believe it or not Tara was pulling the car up the hill by herself – don't mess with her!!



Saturday 20th

Saturday we had more training in the classroom with Peter B and Lindsay on CB's, Satellite phones etc which was very informational. We then headed out to the paddock for a winching demo.



We got our cars and participated in a Snatch recovery exercise. *Live, Clear,* and the beeping of horns were heard over the home paddock as we went about our snatch training.



A way to link your snatch strap to your car with a "green branch"

After lunch the tracks had dried up enough so we saddled up and hit the tracks again to put our training into action.

On our return Roger, got his CB fixed, thanks Peter B - more fun on the CB tomorrow now Roger can hear and transmit properly.

"After lunch the tracks had dried up enough so we saddled up and hit the tracks again to put our training into action."



Big night around the fire with some antics thrown in!!

Sunday 21th

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Few seedy heads appeared out of the swags for 8:15am adventure on some of the harder tracks. A good fun day was had, up and down the tracks. Ducks crossing was still too wet to go up but a few got to go down before traffic was diverted to the easier track - to keep the integrity of this crossing.

One flat tyre needed to be changed on the way down track 8 before the rock ledge highway (well the instructors have built a good track to drive down!!).







Damaged Tyre
At least Brady was fixing
his tyre – the rest of us ob-

viously just stood around

BASIC DRIVER TRAINING



Rock ledge highway on Lasseter's.

Back to camp for lunch then pack up camp and head home.

We all made new friends amongst students and instructors and we all want to thank the instructors and appreciate the time, effort, expertise and patience. Without their dedication, this would not be possible.

Thank you from the May students...

Scott Broadhead

Training Report - Ozi Explorer Course

June 17-18 2017

Trainers: Alex, Chris and Michael.

Students: Dim, Duck, Garry (and Lauren), Scott, Sue, Tony and Stuart..

For some of us on the Ozi Explorer training course we were greeted to a crisp Friday night happy hour, with the remaining students arriving Saturday morning.

We woke to a glorious morning with surprisingly mild temperatures and spectacular views across the valley. By 9am we were all eager to

begin.

Firstly, a quick introduction around the room including the backgrounds of our trainers for the weekend. Following our introduction, a general discussion about the variety of devices each student preferred; Android, Hema and Generic were the flavours for the weekend.

We spent the morning getting use to the Ozi Explorer desktop application and the functions available. Throughout the morning our trainers Alex, Chris and Michael were more than happy

to elaborate on discussion points with real life examples and tips.

In the afternoon, we were given an exercise where we were expected to plot a route around the Talooge and as expected Michael had added some little surprises.

I was fortunate enough to have Sue accompany me on our trip around the Talooge and it wasn't long before we encountered our first obstacle, a non-existing track entry, nice one Michael! For the majority of our trip around Talooge we were on

Training Report

track, until I had a brain fade and made a decision. Which was to be the wrong decision (should have listened to Sue in the first place), but it didn't take long to turn around and get back on the right track.

That evening we sat around and swapped travelling stories in the kitchen area while a couple of brave souls chatted around the main fire pit.

We woke Sunday morning, encouraged for a quick pack up. By 8:30am we were all bright and chirpy in the classroom, where we set about plotting our trip home, via the Water Wheel in Tallaganda. Scott was kind enough to share his proposed trip. We all agreed to follow Scott's led, by 9:30am we were ready to depart.

With newly acquired knowledge the crew was in high spirits as we left Talooge. The early part of the run was very pleasant and no issues were encountered. As we entered Tallaganda state forest the scenery started to change from rolling farm lands to timbered hills with the morning sun breaking though the clouds from time to time.

During our journey through the forest we ran into our first obstacle, a large tree had fallen across our intended track, a quick discussion over the radio and an alternative route was plotted and away we went. Not long after our detour we came to our second obstacle a small creek crossing, a little timely spotting, (thanks to Dim) saw us all get through safely.

The remainder of our trip was pretty straight forward, with the occasional turnaround due to the proposed track running

through private properties. We arrived at the water wheel around 2:00pm where we all sat around and enjoyed our lunch together. After a bit of an explore we all said our farewells and headed for home.

It was a great weekend, meeting new people and learning more valuable skills. I'd strongly recommend this course to all members to attended when they get another opportunity.

Big thanks to our trainers for the weekend and the students who participated.

Stuart Watts





Meet a ST4WD Club Committee member

Name: Víctoria Jewett

Position held on the committee: Treasurer

Occupation: Gardener

Why I joined the ST4WD Club: To learn 4x4 skills to safely discover and explore new places

and enjoy the company of people who love being outdoors.

The year I joined ST4WD Club was: 2013

Why I took on a committee position: To contribute to club life and be more involved generally.

What I drive around town: 1999 Toyota Hílux

What I drive when 4WDing: 1999 Toyota Hilux

Favourite place I've visited: Lowell's Hut, Vic High Country

Favourite saying or quote: A short pencil is better than a long

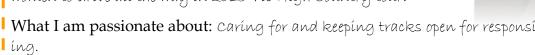
тетогу.

My dream vehicle: A vehicle with additional 4x4 accessories to go I further for longer.

On my Bucket List: The Kimberley's

The driving accomplishment I am most proud of: Being the only women to drive all the way in 2015 Vic High Country tour.

What I am passionate about: Caring for and keeping tracks open for responsible four-wheel driv-





Training Course Certificates

I still have quite a few certificates for members who have previously completed a training course. If you have completed a course and would like your certificate, please come and see me at the meeting or if you can't make the meetings contact me at membership@st4wdc.com.au and we can discuss how best to get it to you.

Regards Dim





For Sale

Makita DE4035 chainsaw

\$90

14-inch bar, good chain and spare, comes with adjustment tool and original user instruction manual. This was my original first chainsaw and is a nice compact saw for firewood duties, track clearing and heavy pruning in the garden.







iSatphone Pro \$500

Satellite phone handset for the InMarSat system.



See details at http://www.inmarsat.com/service/ isatphone-pro/

Chris: 0490 038 235

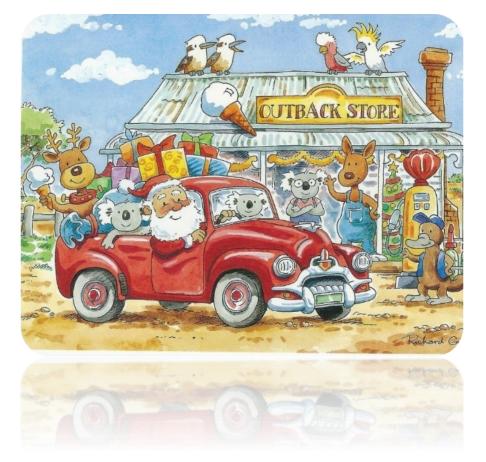
Hillbilly BushKing Camp Oven KingCooker Kit 1

\$220

The BushKing with KingCooker kit comes as a complete campfire, heat bead and gas cooking system. There is a 12.5 litre BushKing Camp Oven with lid and handle, KingCooker gas ring conversion, stainless steel baking trivet, stainless steel vegie roasting ring, pot stand and canvas carry bag. Also included is a wind protection shield. Used once – selling as it's too big - want to down size. Original cost \$395

Steve: 0411 251 474





ENd of Year and Christmas Celebration

Do you have any ideas of Suggestions

For Fun activities, Food ... etc.

to help Dave and Scott

Make this a truly Memorable event.

Please email your Suggestions to ...

Scott ... property@st4wdc.com.au

or

David ... general2@st4wdc.com.au

Goin' Campin'

CHOCOLATE OATMEAL NO-BAKE COOKIES

TOTAL TIME: 10 minutes

Makes 12

Quick, easy and no baking! Great for camping or any time you don't feel like heating up the oven.



INGREDIENTS

- 1 cup sugar
- 1/4 cup butter OR margarine OR canola oil OR vegetable oil
- 1/4 cup cocoa powder
- 1/4 cup milk OR evaporated milk OR prepared powdered milk OR soy milk OR water
- 2 tablespoons peanut butter (creamy or crunchy; optional)
- 1 1/2 cups oatmeal (instant or quick cooking are best, but you can use Old Fashioned) OR corn flakes OR Rice Krispies OR similar cereal

INSTRUCTIONS

- 1. Mix all ingredients EXCEPT oatmeal in saucepan.
- 2. Bring to boil, stirring constantly.
- 3. Boil 3 minutes.
- 4. Remove from fire and stir in oatmeal.
- 5. For "cookies" drop onto waxed paper or aluminium foil coated with Pam.
- 6. For "bars" line a pan (I use an 7" frying pan) with aluminium foil and spray with cooking spray. Put mixture into the pan and press it down. Cut into bars when cool

You can eat them as soon as they're cool enough to handle.

From: The Boat Gallery



CAMPFIRE NACHOS

Yum! Who doesn't enjoy some good nachos, especially after a long day.

INGREDIENTS:

1 bag corn chips

1 x 400 gram can refried beans

1 x jar black olives

225 grams cheddar cheese, grated

2 tomatoes

1/2 onion, diced

1 x 225 gram jar salsa

1 x 400 gram can sweet corn

1 x 100 gram jar jalapenos (depending on kids tastes might need to leave out!)

METHOD:

- 1. Place a layer of chips in the bottom of the cast iron pan, and top them with half of the: beans, olives, cheese, tomatoes, onion, salsa, corn, and jalapenos.
- 2. Place a second layer of chips on top of the other ingredients, and then top these chips with the remaining ingredients, finishing with the cheese on top.
- 3. Cover the top of the pan with a sheet of foil, and carefully place the pan on top of the heat.
- 4. Let nachos cook, maintaining the hot coals for 10-15 minutes or until the cheese is melted. Move the pan to a heatproof location and allow nachos to cool for a few minutes.

From: Phoo-d

Graduates Gallery



Three of the graduates from the May 2017 Basic Driver Training Course.
Ken, Scott and Mark.



Three of the graduates from the 2017 4DW Instructor Course. Tara, Michael and Rob.



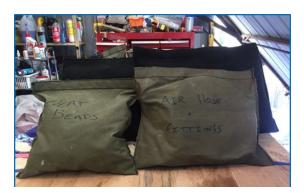
Page 24 Now Available

At the June meeting one of our members, Stuart, showed us some canvas bags that he is now making and taking orders for.

He has a wide range of sizes available for a wide range of applications, very handy for keeping 4WD kit neat and tidy.

From laptops and DVD players, hand saws, air lines and fittings, GPS, Heat Beads, power

cables, tent poles the uses are endless.

















Generally I'm asking \$20 for each bag (up to 300x300). We're more than happy to make to order.

Currently we only have the Army Green Canvas available, we like the canvas over the carpet as there easier to keep clean (black carpet items are our original concepts, laptop bag), we are just starting out on this venture and were seeing what interest and feedback we receive before we can expand our material range.

If you are interested please contact Stuart via email: trailinlife@gmail.com or phone: 0416 014 494

Our Sponsors



















Email me your best caption for this photo ...

publications@st4wdc.com.au

If you would like to share your favourite recipe, tips and tricks, items to sell, good ideas and hidden gems or places to visit for our club newsletter - please email it to me at publications@st4wdc.com.au or hand it to me at the monthly meeting.

As you can see this current newsletter has been produced using Microsoft Publisher - if you can forward your information in that format I would appreciate it. If not, that's ok I'm happy to transfer it across from the format you give me.

Thank you very much ... Glennis