**Self-Assessment for ST4WDC Club Trips**

For the safety of members and the general public Attendees are required to sign this attendance sheet at the commencement of the trip**.**

**Note**: If you develop any cold/flu like symptoms during the trip, or immediately after, you must notify the trip leader. Unfortunately, if anyone develops cold/flu like symptoms they will be requested to depart the trip at the first possible opportunity. Participation is at the Trip Leader’s discretion.

**Trip:**

**Date:**

**Trip Leader(s):**

**By signing the attendance sheet, I Declare that:**

1. **I do not have any flu-like symptoms**
2. **I have not had flu-like symptoms in the past 14 days**
3. **No-one amongst my immediate contacts has been confirmed with Covid 19**
4. **No-one amongst my immediate contacts has been instructed to self-isolate by the authorities**
5. **I have made the Trip Leader aware of any special needs that I may have relating to my health and/or Covid 19**
6. **I have not travelled to any region that has been under lockdown or considered a high risk area in the last 2 weeks**

**Note:** Immediate contacts are people you may have been in close proximity with or at a gathering which they have attended in the past 14 days.

**Social distancing of 1.5 must be maintained whilst on the trip with the exception of family members.**

**Trip:**

**Date:**

**I have read and understood the Declaration**

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| **Attendee Name** | **Contact Number** | **Signature** **(Parent or Guardian if under 18)** |
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